



## Family Partnership Family Calendar for January 2019

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[www.frederickcountymd.gov/fp](http://www.frederickcountymd.gov/fp)



**Maryland Family  
Network**  
Leading Maryland Family  
Support Centers



 <b>GED Classes</b> M - Th 10 - 12	<b>ESL Classes</b> MW & TTH; 10 - 12 T & W; 1 - 3 pm	<i>"Parent &amp; Child Together"</i>  9:30 Daily	 9 - 9:50 am Bookmobile & Story Time 1/7, 1/8 & 1/22	<b>Parent Leadership</b> 1/7 & 1/10 	<b>Financial Literacy</b>  1/8 & 1/9 @ 1 pm	<b>Jobs &amp; Careers</b>  1/8 & 1/9 @ 2 pm	<b>Bright Futures</b>  1/14 & 1/17
 FP Is Closed on 1/21, Martin Luther King Day	 1/7 & 10; 1/14 & 17; 1/22 & 23; 1/30 & 31	<b>Women's Empowerment</b>  1/7 & 10; 14 & 17; 1/24 & 1/28	 <b>Cooking Good!</b> 1/22 & /23	<b>Life Lessons w/Sarah</b>  1/30 & 31 @ 2 pm	 9:30 am <b>Motivations</b> 1/30 & 1/31	<b>Peer To Peer</b> 12 - 12:50 	



**BRIGHT FUTURES** - Enriched Early Childhood & School Readiness Services Supporting the Parent as the Child's Best Teacher; the Power of Positive Parenting; & the Home as a Learning Environment. *Funding by Community Foundation of Frederick County*

7	Monday	8	Tuesday	9	Wednesday	10	Thursday
1:00	LiveLifeHealthy	1:00	Financial Literacy	1:00	Financial Literacy	1:00	Leadership/ Women's Empowerment
2:00	Leadership/ Women's Empowerment	2:00	Jobs & Careers	2:00	Jobs & Careers	2:00	Healthy Relationships
14	Monday	15	Tuesday	16	Wednesday	17	Thursday
1:00	Bright Futures	1 - 3 pm	Learning Lab	1 - 3 pm	Learning Lab	1:00	Bright Futures
2:00	Healthy Relationships					2:00	Women's Empowerment
21	Monday	22	Tuesday	23	Wednesday	24	Thursday
 <b>Family Partnership is Closed in Honor of Martin Luther King's Birthday</b>	1 - 3 pm	 <b>Cooking Good!</b> LiveLifeHealthy	1 - 3 pm	 <b>Cooking Good!</b> LiveLifeHealthy	1:00	1:00	Women's Empowerment
						2:00	Learning Lab
28	Monday	29	Tuesday	30	Wednesday	31	Thursday
1 - 3 pm	ESL Make up Class	1 - 3 pm	Learning Lab	1:00	LiveLifeHealthy	1:00	LiveLifeHealthy
	Women's Empowerment			2:00	Life Lessons w Sarah Smith	2:00	Life Lessons w Sarah Smith

**Empowering Mothers**



**Evening Parent Education & Support Groups**

**Tuesday Evenings 5:45 - 8 pm.**

Free Child Care for Children 12 or younger. Limited Transportation Available.  
Classes are made available through Promoting Safe & Stable Families funding.

**Responsible Fathers**



## **Family Partnership Activity Descriptions**

### **Daytime Services**

#### **Education Services**

Classroom instruction and tutoring for GED students and classroom instruction for English as a Second Language (ESL) learners. Virtual High School computer based instruction support. Limited options for youth under the age of 18 years old.

#### **Employment Services:**

Group and individual activities designed to prepare participants with job and career goals to succeed in career exploration, job search, employment attainment and career advancement. Participants complete applications, resumes, cover letters, informational interviews and mock interviews, etc. Opportunities are also available for job shadowing and paid internships. In addition, related workshops are offered in the areas of Entrepreneurship, Financial Literacy & Key Soft Life Skills.

#### **Education Lab:**

Computer- assisted learning options to increase basic skills, improved skills to prepare to take the GED test including the use of GED Academy; complete high school via the Virtual High School; prepare for college and or increase skills for English Language Learners with Rosetta Stone software.

#### **Employment Lab:**

Opportunities to complete career assessments; develop and increase skills related to getting and keeping a job; participate in career exploration and job search using workshop and internet resources; and skill building in the use of computer applications such as Word and Excel.

#### **Leadership & Parent Advisory Meetings**

Workshops and activities to provide opportunities for character development, peer learning and leadership development designed to give participants a voice in the management and design of FP's programs and services while building advocacy and effective communication skills, critical thinking skills, accountability and responsibility. Other areas of skill building includes daily living, interpersonal skills, decision making, conflict resolution, self-advocacy, and other important aspects of life management while concurrently extending academic learning.

#### **Nurturing Parenting**

A curriculum and evidence based parent education program is offered in sessions of nine to eleven classes that focus on the core areas of child development, brain development, empathic parenting, positive discipline, self-esteem, empowerment and healthy family relationships.

#### **Health Education**

Workshops on health related topics important to the well-being of children, youth and families, including workshops on preventive health, reproductive health, child and family health and healthy lifestyles. These workshops are sometimes integrated into leadership and parent education activities.

### **Evening Services**

#### **Empowering Mothers (EM)**

An eleven week parent education and support group that meets on Tuesday evenings. EM classes are for expectant, custodial and non-custodial mothers focused on the principles of Nurturing Parenting and the core areas of child development, brain development, empathic parenting, positive discipline, self-esteem, empowerment and healthy family relationships.

#### **Responsible Fathers (RF)**

An eleven week parent education and support group that meets on Tuesday evenings. RF classes are for expectant, custodial and non-custodial fathers based on the principles of Nurturing Fathers and focused on fatherhood, child development, healthy relationships, and challenges such as child support, visitation and co-parenting.

## **Family Partnership of Frederick County**

*An Outstanding Family Support, Family Strengthening and Youth Development Center.*

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